

District 9800

Community News



Edition 3 - 2010/2011 - November 2010

Rotary Service – WOW!! My role as District Chair, Community Service, gives a unique opportunity to constantly view and appreciate the efforts our Clubs and individual Rotarians continue to achieve. Our local Community, International and New Generations projects; some high-flying some going under the radar but the District 9800 Clubs have continued to be busy with a large number of projects and continued programs serving their communities. Strong support for D9800 Community Service Programs also continues with a number of successful fund-raisers and Public Information functions being held.

Kokoda Troubled Teens Program held their very successful breakfast with former Victorian Premier, Jeff Kennett, entertaining over 300 guests raising in excess of \$50,000.00 and RoCan continues its support for Cancer Research and now the Olivia Newton John Cancer Wellness Centre with another well organized Gala Dinner with Darryl Cotton

raising over \$24,000.00. Well done and a BIG Thank you to all those involved.

Welcome to our November edition of District 9800's Community News. The District Community Service Committee produce this publication to offer support, advice and encouragement to Clubs and Rotarians on aspects of Community Service within Rotary and our own communities.

MS Awareness and RAGMSA have been very active with fund-raisers during November and restructuring with Incorporation for their long-term security and future. Under the tutelage of Australian Rotary Health a number of D9800 Clubs have shown interest in the Mental Health First Aid Project with RC Werribee holding the first workshop in October. ARH run a large number of programs and support for Clubs but always need continued support in return by Club donations and support of their fund-raising activities. The annual Christmas Card program is underway and deserves Club and member support. Go to:

<http://www.australianrotaryhealth.org.au/getdoc/d107ed45-63dc-43d7-8955-a8a23c18519a/XmasCards-08.aspx>



Australian Rotary Health
2008 Christmas Card Range

The Rotary Club of Waverley, Vic., has managed the ARHF Christmas Card Collection for the past 14 years. More than \$640,000 has been raised and donated to the Australian Rotary Health Research Fund through your card purchases. Your continuing support this year, will help to provide better health within your community.

1. Season's Greetings and Best wishes for the New Year
2. Wishing you a healthy and prosperous New Year
3. Season's Greetings
4. Season's Greetings
5. Season's Greetings and best wishes a prosperous New Year
6. Best Wishes for the coming year
7. Season's Greetings and best wishes a prosperous New Year
8. Best Wishes for the coming year
9. Peace on Earth Goodwill to All
10. Wishing you health, hope and peace throughout the coming year

Religious Pack

ORDER FORM

Please supply _____ packs of Mixed Cards and _____ packs of Design No. _____ and _____ Religious packs at \$10 per pack.
Total packs _____ @ \$10.00 per pack (inc GST plus \$5.00 for packing & postage)
My cheque for _____ is attached.

Name _____
Address _____
Rotary Club of _____
District _____ Phone _____

Please forward all orders and payments to: The Rotary Club of Waverley Inc.
PO Box 3004, Sydenham, Vic. 3149

Overprinting Best supplier of 100 cards \$36. All \$6 for each additional 100 cards. For multiple colour print or logo call Fred Hay (03) 9726 6792

Overprint message: _____

Newsletter for District 9800 Community Services - District Chairman Ross Butterworth
Designed and published as a service to Rotary by Dr Barry Mullen

The year is well underway with five months already almost completed with Christmas and all the festivities and holidays just around the corner. Every year we seem to look back and marvel at how fast the time appears to fly past. Of course the effective Club and Rotarian have already planned not only for the current year's activities but the next three to five years.

District has adopted a wonderful program called Club Visioning and can assist with helping Clubs identify their future directions with Membership, projects the members consider important and the club's future vision. If you think your Club could benefit from some assistance in future planning contact PP Philip Archer, Rotary Club of Southbank for further details.

As mentioned previously with the release earlier this year of the District 9800 Program Policy the District Community Service Committee has the opportunity to invite submissions from District 9800 Clubs for inclusion of programs as either District Managed or Endorsed Programs for the coming year.

If you would like to discuss your Club's Community program or it's suitability as a District Endorsed or Managed program please contact District Chair, Community Services Ross Butterworth at community@rotarydistrict9800.org or call 0411 228311.

Working in the Community - Service projects

Ensure that your club is pursuing a balanced service program by carrying out projects in each Avenue of Service: Club Service, Vocational Service, Community Service, and International Service.

Service Above Self is Rotary's principal motto. All Rotarians are responsible for carrying out service projects that improve the quality of life in their community and communities around the world.

A successful service project

- ✓ Has specific, realistic goals with measurable results
- ✓ Responds to identified needs
- ✓ Incorporates the abilities of those served
- ✓ Recognizes the importance of all participants' contributions
- ✓ Uses available resources effectively
- ✓ Builds networks for future service projects



Rotarians paint a new face for their local senior citizens centre
[**Assessing community needs**](#)

Find out how to [start](#):

<http://www.rotary.org/en/ServiceAndFellowship/StartAProject/Pages/ridefault.aspx>

Rotary clubs make a difference locally and internationally through service. By taking time to learn about local and international issues, your club may discover new opportunities for effective service projects.



In this section, you'll find resources to help your club pick a project that's best suited to its resources and interests.

Fund a project: <http://www.rotary.org/en/ServiceAndFellowship/FundAProject/Pages/ridefault.aspx>

Great ideas and boundless enthusiasm are wonderful resources, but your club's project won't be effective without the money needed to make it viable. Funding for projects can come from club, district, or international sources, such as a club fundraiser, partnership with another organization, or The Rotary Foundation's Annual Programs Fund.



The Foundation, with the support of Rotarians for more than half a century, continues to be an excellent source of project funding;

and download [project resources](#):

<http://www.rotary.org/en/ServiceAndFellowship/ProjectResources/Pages/ridefault.aspx>.

All Rotary clubs share a key mission: to serve their community and those in need throughout the world while promoting high ethical standards. By participating in club service projects, club members learn about their club's involvement in local and international projects and can volunteer their time and talents where they're most needed.

Once a Rotary club has chosen a basic area to focus on, it's time to take action. Several project resources offer ideas to help your club through the process.

Rotary Facts:



The Rotary Foundation was born as an endowment fund in 1917, the brainchild of RI President Arch C. Klumph. It was reborn 12 years later in the form we know today, The Rotary Foundation of Rotary international. However, it wouldn't be until after the passing of Paul P. Harris in 1947 that TRF would reach the financial health and world importance that it enjoys today.

All Clubs are invited to contact the District Programme Representatives or Chairs for further details or Speaker engagements where required. Clubs are also encouraged to enlist District Support to engage additional support for their projects from District or other Clubs. Email: community@rotarydistrict9800.org.

Friedreich Ataxia

Program Representative: Ian Lawrence: Rotary Club of Brighton North

Friedreich Ataxia (FA) is a genetic neurological degenerative condition. Over time, FA gradually affects a person's co-ordination, mobility, speech and heart function. FA is currently life shortening.

In 1996, researchers identified the cause of FA as an altered gene that disrupts the normal production of a protein called frataxin. FA occurs when this altered gene is inherited from both parents.



Friedreich Ataxia - Go The Tan

About 1 in 30,000 people in Australia have FA. Up to 1 in 90 people (ie 1000 out of 90,000) at an AFL match) in Australia are carriers of this gene and when both parents are carriers there is a 1 in 4 chance of having a child with FA as the altered gene is recessive.

When do symptoms occur?

The onset of symptoms is gradual and progressive. On average, symptoms start around 12 years of age; however, they may occur before or much later than this. About 10 years after the onset of FA, most people require the full time use of a wheelchair and need assistance with physical tasks. Generally, the capacity to think and problem solve remains unaffected.

What tests are used to confirm the diagnosis of FA?

A blood test can confirm the diagnosis of FA.

Our mission:

The Rotary Club of Brighton North aims to raise awareness of this seriously life-shortening disease. A prominent Rotarian in D9800, Past International President, Royce Abbey AO DCM, lost a grandson to this terrible disease.

Our goal is to make a difference in as many ways as possible; to the sufferers, their families, people at risk of developing the disease, and to the doctors and researchers in the hope that they will discover a cure or a drug to slow down the disease.

This is how we spend your funds:

**Employing a research Fellow
for the degenerative disease
Friedreich Ataxia**

Rotary Club of
Brighton North
www.northbrightonrotary.org.au

**Rotary
Cares**

addesign
www.ad.design.au

PROBUS

District PROBUS Representative: Graeme Newton, RC Prahran



WHAT IS PROBUS?:

- PROBUS is a Community Service project of Rotary International that had its beginnings in the United Kingdom in 1965-66.
- The name PROBUS (from the words PROfessional and BUSiness) was adopted as the new clubs were directed at recruiting retired people from the professional and business world.
- PROBUS first came to the southern hemisphere in New Zealand in 1974 and reached Sydney with the formation of the Hunters Hill PROBUS Club in 1976 there are now 1795 PROBUS Clubs in Australia with a membership of 141,035 members.
- In Australia, New Zealand and the South Pacific a decision was taken by Rotary, very early in the life of PROBUS in these countries, to form a body under the guidance of the Council of Governors to provide ongoing administration and service to the rapidly expanding PROBUS movement ensuring Rotary's ongoing commitment to the expansion and preservation of this Community Service Activity.
- All PROBUS Clubs are sponsored by a Rotary Club and on formation become affiliated to the PROBUS Centre – South Pacific (PCSP).
- Clubs are however autonomous and are responsible for their own operations, through a committee elected annually. Most Clubs are in fact incorporated under their State's Associations Incorporations Act.
- PROBUS Clubs normally meet monthly to conduct any business and to hear a guest speaker. This is however only a small part of the activity of a club. Healthy Clubs have a wide range of interest groups and social activities involving their members between meetings as well as a wide range of extended tours and day visits to places of interest



ROTARY'S ROLE WITH PROBUS:

The Role of Rotary with PROBUS is as follows:

- **FORMATION OF NEW CLUBS:**
It is the hope that each Rotary Club will accept the challenge to investigate the possibility of sponsoring at least one PROBUS Club.
- **SUPPORT OF EXISTING CLUBS:**
While a PROBUS Club chartered by a Rotary Club will usually very quickly establish its independence and require little support, sponsoring Rotary Clubs are encouraged to maintain an

informal contact with the Club so that should the need arise for some support this can be quickly brought to the notice of the Rotary PROBUS District Chairman (RDPC) and PCSP.

• SUPPORTING PROBUS CLUBS EXPERIENCED DIFFICULTIES:

While the vast majority of PROBUS Clubs are healthy and on many occasions can put Rotary to shame there are each year, a small number of Clubs that face extinction due to a variety of causes but mainly due to aging memberships and a failure to have a successful succession policy in place to ensure the ongoing leadership of the Club. When this is brought to the notice of PCSP the RDPC is advised and an investigation of the problems is undertaken. The RDPC will make contact with the sponsoring Rotary Club seeking help with the development of steps that may lead to the reinvigoration of the Club. To this end each Rotary Club is asked to provide the name of a member who should be designated the PROBUS Liaison Officer with whom the RDPC can communicate.



PROBUS IN DISTRICT 9800:

- There are currently 101 PROBUS Clubs in D9800 with an estimated membership of 7500.
- It is however a matter of some concern that the formation of new Clubs in this district has been slow in recent years. Only one Club was formed in 2008-09 and to date there is only one new club on the drawing board for 2009-10.
- The concern is that Clubs in the District are not conscious of the PROBUS organisation as a means of developing a very successful Community Service for active retirees in their community. Clubs are encouraged to give consideration to investigating the potential for a PROBUS Club in their Community.

Of further concern are the existing PROBUS Clubs in D9800 that are experiencing difficulty. This is particularly the case in areas where PROBUS clubs are over 25 years old. Rotary Clubs are therefore asked to check whether their Club has sponsored a PROBUS Club in the past and if so to make contact with that Club to see if it is experiencing difficulties and if so to look at ways of helping to restore the Club to health.

Please forward your Project ideas, free advertisements, questions, feedback and suggestions by email to - The Editor:

community@rotarydistrict9800.org

Submissions should be received by the 14th of the month prior to publication. The next edition of "District 9800 Community News" is planned for January 2011